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Ardha Chandrasana . Yoga Flow by Janine Claudia Nizza



R u m i

Love how you
go on testing me



The Illuminated Rumi



The great Rumi broke into my knowledge when I was in Los Angeles and my fiancé Billy gave me in gift the illuminated Rumi book poetry by Coleman Barks and Michael Green. The illustrated pages of that book with sentences of Rumi

brought to me inspiration and peace, new thoughts about love and friendship. The Sufy philosophy and the Dervish dance were so fascinating that left into my soul a new direction for the rest of my life, influencing my yoga, my painting and my dance paths. Go to read Rumi poetry my friends... and pick for yourself words and images that will grow your devotion to God and Goddess!

